



## PRESCHOOL AND CHILDCARE CLUBS NEWSLETTER

**Welcome Back!...**Well... what a fantastic summer we have had! I hope you are all refreshed and ready for the new term.

**Welcome** to all our new families... Firstly I would like to welcome all our new families, please if you have any queries e mail me (Ruth) [nhps.manager1@gmail.com](mailto:nhps.manager1@gmail.com) or just speak to us in person or on the phone 794287.

After having 38 preschoolers leave in July to start school, we have been busy settling in 27 new preschool children, 15 of whom are just two years old. We also have new families joining us in after school club and breakfast club so we also hope you are settling into the new routines and are being made to feel welcome.

**Term dates-** We will finish this term on 19<sup>th</sup> October 2016, with preschool open until 3.00 as normal. **There will be after school club that day**, as usual. We return on the 29<sup>th</sup> October 2018. All our term dates are available on our website.

**New Garden!-** As you will have noticed, over the summer our garden was completely overhauled. I hope you agree it looks fantastic and after today, I believe the children loved it. There are lots of new things to explore and we are all just getting used to it. You may need to make sure you provide wellies as the children have access to the water pump all day! The new mud dig pit also requires wellies and we will need to see how using this will work in the after school club and breakfast club!



I'd like to thank Linda Kitching for keeping an eye on the contractors in my absence, as the project was delayed and only completed this morning! I would also like to thank everyone that has helped us raise money over the years which has enabled us to achieve this. As staff we all feel very lucky to have such great facilities whilst looking after and teaching your wonderful children.

I'd also like to thank Ali Kennett for spending several days with me to get the resources sorted before the start of term. I am sure you appreciate the setting requires a lot of maintenance with around 120 children coming to all our sessions every week.

**Staffing..**You may also have noticed some staffing changes and we'd like to welcome our 3 new Early Years Practitioners:- Lauren, Delia (trained practitioners) and Kat (our new level 3 apprentice), They will all be with us across the clubs all week, so please say hi, and get to know them.



We sadly said goodbye to Sue Pomroy at the end of term, but I am thrilled to tell you she has been accepted at Brookes into the second year of her Early Years Degree, and so continues her professional journey. We also learnt over the summer that Laura Halsall decided to change directions in her career and has moved onto pastures new.

## **Preschool**

**School lunches..**The cost has risen to £2.30 a day. Please let us know if you are wanting your child to have school lunches on a daily basis. You are still welcome to provide a healthy packed lunch for your child.(some guidance is attached) We will talk to you if we feel your child is struggling with their lunches. We will also provide advice if you are stuck with the sorts of things to include. It is not necessary to provide a drink as all the children have water at lunch times. They also have milk and water at snack times (morning and afternoon) and water is freely available all day to them. It really is a good idea to get them drinking water through choice at this early age, to support them when they start school.

**Nut-free-**Please note we are a nut-free setting, as is the school. If you are providing packed lunches please make sure you cut up grapes and cherry tomatoes.

**Forest School-** If your child will be attending Forest school this term, you will receive separate information, in due course.

**Preschooler's belongings-** Please can you check your child's belongings to ensure there are enough things for changes during the day. Please make sure they have spare shoes. **Please make sure everything is labelled!!**

**Nappies-** Please provide nappies if your child is wearing them and discuss toilet training with your key person. It is important we are consistent to help children with this important aspect of their development,

**Gates-** If your child attends after school club, please ensure they put bikes and scooters in the bike shed near the terrapin building next to our pathway, as this will be accessible as you leave our premises. Please bear in mind we are unable to access the school playground and ask you to leave along the path. Also due to the high numbers of children in school attending clubs and out of our activities through the school, please do not drive onto the playground under any circumstances to collect your children.

**Mobile Phones-** Please can I remind all parents and older children at after school club we are a mobile free zone. This is to keep children safe. It is not just a policy for our setting it is a stipulation of OFSTED and we ask that you keep your mobile phones in bags or pockets whilst on our premises. Key Stage 2 children are asked to hand them into the office at after school club.

**Nearly New sale-** You may (or may not) know that the Preschool holds regular nearly new sales to raise funds for the setting. The date and time for the next one will be confirmed asap, however, if you are thinking of having a pre-Christmas declutter please hold on to any good quality, in good condition toys, items of clothing and equipment.

**Meet the committee-** Our committee has some changes this term, so please look out for the Meet the committee poster in the canopy.

### **Afterschool Club-**

If your child attends a club after school, or is going to miss a session or be attending another club, please let us know. It saves staff time, by not having to look for a child, or ring you at home/ work to see where they are. This can delay activities starting as it affects staff ratios to cover all areas.

**Breakfast club-** If you have a child that is just attending preschool sessions starting at 9.00am. Please note we cannot let them come into until the sessions start time at 9.00 due to ratios. Some parents with preschoolers pay for breakfast club, therefore they may appear to be dropping off early however in reality they are arriving late for breakfast club, not early for preschool!

**Collection-** If you need to speak to your key person at collection, could you please come into the preschool, rather than at the door. With the numbers of families we have it is difficult for staff to manage this hand over of children when there are conversations taking place in the doorway.

If you have any concerns or would like to discuss anything further please feel free to contact me.

Ruth Vaughan

Setting Manager

[Nhps.manager1@gmail.com](mailto:Nhps.manager1@gmail.com)

Telephone 01865 794287

**Staff**

**Ruth Vaughan**  
Setting Manager.  
Senco, Safeguarding Lead  
(L7 Trained-PGCE in Early Years  
BA in EY, L3 ILM, First Aider )

**Sharon Beadle**  
Setting Deputy  
First Aid Lead, Room  
Leader  
(L3 Trained-  
DPP, First Aider)

**All Kennett**  
Preschool Room Leader,  
Equality and Diversity  
Lead  
(L7 Trained,  
BA Home in EY, First Aider)

**Debbie Miah**  
After School Club Leader  
(L3 Playwork Trained,  
First Aider)

**Linda Kitching**  
Setting Administrator  
(L7 Trained,  
First Aider)

**Delia Alvarez Pareja-  
Obregon**  
Early Years Practitioner  
(L4 Trained,  
First Aider)

**Karen Warmington**  
Early Years Practitioner  
(L2 Trained,  
Forest School Leader L3  
First Aider)

**Kat Elavindova**  
Early Years Apprentice

**Jean Watson**  
Administrator  
(First Aider)

**Rhiannon Welles**  
Early Years Practitioner  
(L4 Trained,  
First Aider)

**Silvana Barjami**  
Early Years Practitioner  
(L3 Trained, First Aider)

**Dan Ferritt**  
Early Years Practitioner,  
MOTB (primary),  
(First Aider)

**Lauren Booth**  
Early Years Practitioner  
(L3 Trained, First Aider)

**Ofsted  
Outstanding  
Early years provider  
2014|2015**

## So, what should a healthy lunch contain and what foods should be left out?

According to advice from the Food Standards Agency, a healthy packed lunch should include:

- Meat, fish or a dairy source of protein
- Starchy carbohydrate, such as a wholegrain sandwich, to provide energy
- At least one portion each of a fruit and vegetable or salad (grapes, cherry tomatoes to be halved/quartered)

- Water or milk to drink, (we will provide water at lunch time, which will prepare them for school)

**The key foods to avoid are:**

**We are a Nut free setting**

- Sweets and chocolate. (We will remove bars of chocolate and sweets from lunchboxes and return them to you)
- Snacks, like crisps, with added salt/sugar/fat
- Sugary and fizzy drinks
- Deep-fried foods and processed meats
- Sandwich made from 1 slice of bread is sufficient, White bread - if children won't eat brown, try whole white sliced bread

**FOR A HEALTHY LUNCHBOX** **PICK & MIX**  
**SOMETHING FROM EACH GROUP 1-6!**

